

# Athens Athletic Booster News

October 2015

## Coach's Corner



In this issue, we spoke with Cross Country Varsity Head Coach Mike Stallsmith :

### >What are you looking forward to this season?

For the runners to improve, learn, and have a priceless experience with the Cross Country team.

### >How have you prepared for the year?

Lots of summer running and team building. The kids are very close and have a unique common bond of distance running.

### > How has team training changed from last year?

We held our first summer camp in Gaylord this year. It was very good for the runners, parents and coaches..

### > What is the most important team tradition you perform?

Probably our huddle cry, before the race begins. We use the same one from the mid 90's. It is from the teenage mutant turtles: "COWABUNGA, GO HAWKS!"

### >What keeps you motivated?

The sport itself. It's a healthy one, and encourages a healthy lifestyle.. We are motivated by the strong competition in the tri-county area.

### >Who do you coach with?

Assistant coach , Shawn DuFresne, he is a vital part of our success as a team for the last twenty years

### > What is the best way parents can support their student athlete?

Love 'em and support 'em, no matter the outcome. Teens are out there to learn and grow, not to win races.

## Deadline for Booster Membership is Near

October is a crucial month for booster members who are interested in applying for scholarships and grants for their student athlete. Last year, the boosters awarded \$4,500 in grants to freshmen through junior students who met the criteria. Individual grants are given to encourage student athletes to participate in camps or training programs that support their development in a chosen sport. Seven \$500 scholarships were given to seniors in 2015. Upper classmen who

qualify can use the money toward their higher educational pursuits. In order to ensure all potential candidates fulfill the necessary steps, the October meeting of the boosters will focus on scholarship/grant applications forms. This is the time to bring your questions and concerns and have them addressed by board members

Next meet is on October 5 at 7:00 in the teachers' lounge at Athens.

## Meeting Dates


First Monday of the month

- October 5, 2015
- November 2, 2015
- December 7, 2015

Find us online:

<http://athensathleticboosters.com>

 @Athens\_boosters

 facebook.com/TroyAthensAthleticBoosters

## It Takes a Team!



At most games and competitions hosted by Athens, the boosters provide food and drink at the concession stand. It is an all-volunteer staff made up of members just like you.

During the 2014 to 2015 school year, the boosters raised almost \$30,000.

The majority of the money came from concession sales.

In addition to scholarships/grants, the boosters provide funds for team training programs, fees and equipment.

For a few hours of your time, you have an opportunity to do a lot of good for our student athletes.

Sign-up to volunteer at [athensathleticboosters.com](http://athensathleticboosters.com).

